

September 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Legend Living Room LR Garden Room GR Rose Room RR Beauty Salon BS Library LIB Coffee Room CR	9:30 Chair Aerobics w/ Carl RR 1 10:15 CVS (Sign Up) 10:30 Horse Racing LR 1:30 Discussions w/ Anthony GR 1:30 Excursion: Ross (Sign Up) 3:00 Scrabble CR 3:30 Activity Chat LR 4:00 Walking Group - Lobby 6:30 Documentary GR - IRELAND	9:30 Strength Training 2 w/ Michael RR 10:30 Bingo RR 12:00 Men's Luncheon GR 1:30 Yoga w/ Eden GR 3:00 Trionimos w/ Joy CR 4:00 Walking Club - Lobby 6:30 Movie Night GR THE CALIFORNIANS	9:30 Strength Training 3 w/ Michael RR 10:30 And The Story Goes On.... CR 1:45 Blackjack/21 RR 2:00 Store Trip: Sprouts (Sign Up) 3:30 Brain Games FD 4:00 Walking Group - Lobby 6:30 Name that Tune w/ Jon GR	9:30 Sit & Fit w/ Joy RR 4 10:30 Bible Study w/ Pat RR 10:30 Live Music w/ Mark Cole LR 2:00 Meet the Food Director GR 2:00 Store Trip: Dollar Tree (Sign Up) 3:30 Trivia w/ Joy CR 4:00 Walking Group - Lobby 6:30 Movie Night GR MADE OF HONOR	9:30 Slow Stretching w/ Kathie GR 5 10:30 Bingo RR 1:30 Walking Group - Lobby 1:30 Bible Study w/ Stephanie RR 2:00 Live Music w/ David LR 3:00 American Song Book w/ Seth GR 6:30 Movie Night GR MARTY	9:00 Virtual Catholic Mass GR 6 10:00 Coffee & Donuts GR 11:20 Communion w/ Debbie GR 2:00 Rosary w/ Alexandra GR 2:00 Strength Training RR 3:30 T.V. Concert Doo-Wop GR 6:30 Movie Night GR THE CUTTING EDGE
LABOR DAY 7 9:30 Fitness DVD RR 10:30 Current Events GR Coffee & Cookies 2:00 Live Music w/ Jennifer Hart LR 3:15 Crosswords w/ Holly GR 4:00 Walking Club - Lobby 6:30 Movie Night GR TRUE GRIT	9:30 Chair Aerobics w/ Carl RR 8 10:15 CVS (Sign Up) 10:30 Horse Racing LR 11:30 Excursion: Raffaello's (Sign Up) 1:30 Movie GR – OCEAN'S 8 2:00 Mosaic w/ Michael CR (SIGN UP) 4:00 Walking Group - Lobby 6:30 Documentary GR ONCE UPON A TIME IN SPACE	9:30 Strength Training 9 w/ Michael RR 12:00 EDUCATORS LUNCHEON GR 1:30 Walking Group - Lobby 2:00 Live Entertainment w/ Michael LR 3:00 Happy Hour LR 3:30 All Resident Meeting RR 6:30 Movie Night GR SHALL WE DANCE	9:30 Strength Training 10 w/ Michael RR 10:30 Family Feud in Groups RR 1:30 Pokeno CR 2:00 Left, Center, Right CR 2:00 Store Trip: CVS (Sign Up) 3:30 Brain Games FD 4:00 Walking Group - Lobby 6:30 Name that Tune w/ Jon GR	ROSH HASHANAH 11 9:30 Tai Chi w/ Manny RR 10:30 Live Music w/ Paul Wayne LR 2:00 Store Trip: Vons (Sign Up) 2:00 Triominos w/Joy CR 3:00 You be the Judge CR 4:00 Walking Group - Lobby 6:30 Movie Night GR MARIGOLD HOTEL	9:30 Slow Stretching w/ Kathie GR 12 10:30 Bingo RR 1:30 Walking Group - Lobby 1:30 Bible Study w/ Stephanie RR 1:45 US Open Finals (final times to be announced) GR 2:30 Excursion: San Pedro Library 6:30 Movie Night GR THIN MAN GOES HOME	GRANDPARENTS DAY 13 9:00 Virtual Catholic Mass GR 10:00 Coffee & Donuts GR 11:20 Communion w/ Debbie GR 2:00 Rosary w/Alexandra GR 2:00 Strength Training RR 3:00 Church Service GR First Presbyterian 6:30 Movie Night GR – IN HER SHOES
9:30 Fitness DVD RR 14 10:30 Current Events GR Coffee & Cookies 1:30 Singing w/ Felice RR 2:45 Folk Art w/ Wendie RR 4:00 Walking Group - Lobby 6:30 Movie Night GR AMERICAN HUSTLE	9:30 Chair Aerobics w/ Carl RR 15 10:15 CVS (Sign Up) 10:30 Horse Racing LR 1:30 Excursion: D.D. DISCOUNT STORE 1:30 Low Vision Group GR 3:00 Scrabble CR 4:00 Walking Group - Lobby 6:30 Doc GR - HEMMINGWAY	9:30 Strength Training 16 w/ Michael RR 10:30 Bingo RR 12:00 Healthcare Professional Luncheon GR 1:30 Sound Meditation w/ Tesha GR 4:00 Walking Group - Lobby 6:30 Movie Night GR THE ENGAGEMENT RING	9:30 Strength Training w/ Michael RR 17 10:30 Resident Led Discussions GR 1:30 Pokeno CR 2:00 Left, Center, Right CR 2:00 Trip: Bank & Post Office (Sign Up) 3:30 Brain Games FD 4:00 Walking Group - Lobby 6:30 Name the Tune w/ Jon GR	9:30 Fitness Drumming RR 18 10:30 Bible Study w/ Pat RR 10:30 Live Music w/ Christopher Ryan LR 2:00 Store Trip: Target (Sign Up) 2:00 Tech Class - BS (Sign Up) 4:00 Walking Group - Lobby 6:30 Movie Night GR MR. BROOKS	9:30 Slow Stretching w/ Kathie GR 19 10:30 Bingo RR 1:30 Walking Group - Lobby 1:30 Bible Study w/ Stephanie RR 2:30 Triominos w/ Joy CR 3:30 Scrabble w/ Joy RR 6:30 New Release Movie GR WUTHERING HEIGHTS	YOM KIPPER 20 9:00 Virtual Catholic Mass GR 10:00 Coffee & Donuts GR 11:20 Communion w/ Debbie GR 2:00 Strength Training RR 3:00 Church Services GR Trinity Lutheran 6:30 Movie Night GR - THE BUTLER
9:30 Fitness DVD RR 21 10:30 Current Events GR Coffee & Cookies 1:30 Carol Burnett Show GR 2:45 Crosswords w/ Holly GR 4:00 Walking Group - Lobby 6:30 Movie Night GR THE BOOK THIEF	9:30 Chair Aerobics w/ Carl RR 22 10:15 CVS (Sign Up) 10:30 Horse Racing LR 1:30 Excursion: Walk West Harbor (Sign Up) 2:00 Resident Led Discussion GR 3:00 Scrabble CR 4:00 Walking Group - Lobby 6:30 Documentary GR - RAIN BOMBS	9:30 Strength Training 23 w/ Michael RR 10:30 Reminiscing w/ Gayle RR 12:00 New Resident Luncheon GR 1:30 I Love Lucy series GR 3:00 Vocab w/ Holly GR 4:00 Walking Group - Lobby 6:30 Movie Night GR - EVITA	9:30 Strength Training 24 w/ Michael RR 10:30 Book Club CR 1:30 Writing Club w/ Carolyn RR 2:00 Store Trip: Trader Joe's (Sign Up) 3:30 Brain Games FD 4:00 Walking Group - Lobby 6:30 Name that Tune w/ Jon GR	9:30 Tai Chi w/ Manny RR 25 10:30 Live Music w/ Jennifer Hart LR 2:00 Store Trip: Target (Sign Up) 2:00 Food Demo w/ Steve GR 3:30 You're a Genius! LR 4:00 Walking Group - Lobby 6:30 Movie Night GR THE HOUSE IN UMBRIA	9:30 Slow Stretching w/ Kathie GR 26 10:30 Bingo RR 1:30 Walking Group - Lobby 1:30 Bible Study w/ Stephanie RR 2:00 Scenic Drive – L 2:30 Afternoon Movie GR ANNIE GET YOUR GUN 6:30 Movie Night GR - E.T.	9:00 Virtual Catholic Mass GR 27 10:00 Coffee & Donuts GR 11:20 Communion w/ Debbie GR 2:00 Rosary w/ Alexandra GR 2:00 Strength Training RR 3:00 Church Services GR ST Peter's Episcopal 6:30 New Release Movie GR VOICEMAILS FOR ISABELLA
9:30 Fitness DVD RR 28 10:30 Current Events GR Coffee & Cookies 1:30 Singing w/ Felice RR 2:45 Crosswords w/ Holly GR 4:00 Walking Group - Lobby 6:30 Movie Night GR FOOTLOOSE	9:30 Chair Aerobics w/ Carl RR 29 10:15 CVS (Sign Up) 10:30 Horse Racing LR 1:30 Excursion: AMC Movies (Sign Up) 3:00 Scrabble CR 4:00 Walking Group - Lobby 6:30 Movie Night GR COLD MOUNTAIN	9:30 Strength Training 30 w/ Michael RR 10:30 Bingo RR 11:45 Salad Bar for lunch – Dining Room 1:30 Handmade Greeting Cards RR 2:30 Doc GR - 10 MISTAKES THAT SANK THE TITANIC 4:00 Walking Group - Lobby 6:30 Movie Night GR THE PHANTOM OF THE OPERA	Schedule transportation to and from medical appointments: Mon, Wed, Thurs and Fri 9:30 AM to 3:30 PM Torrance Apt on Wed Only Come get your hair styled at our salon on Thursdays and manicures on Mondays.		Birthdays Ellen Ramirez (9/16)	