



July 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Birthdays Loren Hanks (7/7) Maureen Brinkman (7/9) Joe Rojas (7/11) Annette Smith (7/11) Naty Mercado (7/13) Edith Steffen (7/14)	Legend Living Room LR Garden Room GR Rose Room RR Beauty Salon BS Library LIB Coffee Room CR	9:30 Strength Training w/ Michael RR 10:30 Bingo RR 12:00 Men's Luncheon GR 1:30 Yoga w/ Eden GR 3:00 Activity Chat GR 4:00 Walking Club - Lobby 6:00 Creative Craft w/ Joy (Jewelry) CR 6:30 Movie Night GR - SAME RIVER TWICE	9:30 Strength Training w/ Michael RR 10:30 Crossword Puzzles w/ Holly GR 2:00 Store Trip: Sprouts (Sign Up) 1:45 Blackjack w/ South Bay Casino GR (Sign Up) 3:30 Brain Games CR 4:00 Walking Group - Lobby 6:30 NAME THAT TUNE GR	9:30 Tai Chi w/ Manny RR 10:30 Live Music w/ Mark Cole & Guest LR 2:00 Meet the Food Director GR 2:00 Store Trip: Dollar Tree (Sign Up) 3:30 Trivia GR 4:00 Walking Group - Lobby 6:30 Scrabble CR 6:30 Movie Night GR SHIRLEY VALENTINE	4TH OF JULY 9:30 Slow Stretching w/ Kathie GR 10:30 Live Music w/ Penny Royals LR 1:30 Dean Martin Show GR 1:30 Walking Group - Lobby 2:00 Brushes & Beverages RR 2:30 Triominos w/ Joy CR 3:00 Scrabble CR 6:30 Movie GR - BROOKLYN & LOBSTER	9:00 Virtual Catholic Mass GR 10:00 Coffee & Donuts GR 11:20 Communion w/ Debbie GR 2:00 Rosary w/ Alexandra GR 2:00 Strength Training RR 3:00 Bible Study w/ Jeanette RR 3:30 Biography Elizabeth Taylor GR 6:30 Movie Night GR WE OWN THE NIGHT
9:30 Fitness DVD GR 10:30 Current Events GR Coffee & Cookies 1:30 Art w/ Wendie Midnight Summer GR 3:00 Vocab w/ Holly GR 4:00 Walking Group - Lobby 6:30 Movie Night GR A PLACE CALLED HOME	9:30 Chair Aerobics w/ Carl RR 10:30 Horse Racing LR 1:30 Discussion w/ Anthony GR 1:30 Store Trip: CVS (Sign Up) 2:45 Afternoon Movie GR - IRISH WISH 4:00 Walking Group - Lobby 6:30 Movie Night GR WHERE THE TRUTH LIES	9:30 Strength Training w/ Michael RR 10:30 Bingo RR 12:00 Educators Luncheon GR 1:30 Walking Group - Lobby 2:15 You be the Judge Game GR 3:30 All Resident Meeting RR 6:30 Movie Night GR - WAITRESS	9:30 Strength Training w/ Michael RR 10:30 Crossword w/ Holly GR 2:00 Live Music w/ Chris on Sax LR 2:00 Store Trip: Ross (Sign Up) 3:30 Brain Games CR 4:00 Walking Group - Lobby 6:30 NAME THAT TUNE GR	9:30 Sit & Get Fit w/ Joy RR 10:30 Live Music w/ Justin LR 1:30 Writing Class w/ Author Carolyn Zeil GR 2:00 Store Trip: Vons (Sign Up) 3:30 Snowman LR 4:00 Walking Group - Lobby 6:30 Movie Night GR BREAD & TULIPS	9:30 Slow Stretching w/ Kathie GR 10:30 Bingo RR 1:30 Walking Group - Lobby 2:00 Student Music Recital LR 3:00 Scrabble CR 6:30 Movie Night GR THE LONG HOT SUMMER	9:00 Virtual Catholic Mass GR 10:00 Coffee & Donuts GR 11:20 Communion w/ Debbie GR 2:00 Strength Training RR 3:00 Church Service GR First Presbyterian 6:30 Movie Night GR HARRISON'S FLOWERS
9:30 Fitness DVD GR 10:30 Current Events GR Coffee & Cookies 1:30 Singing w/ Felice All are welcome! 2:45 Bible Study w/ Stephanie GR 4:00 Walking Group - Lobby 6:30 Movie Night GR SWIMMING WITH SHARKS	9:30 Chair Aerobics w/ Carl RR 10:15 CVS (Sign Up) 10:30 Horse Racing LR 1:30 Excursion: Point Vicente (Sign Up) 1:30 Pokeno GR 2:00 Left, Center, Right GR. 4:00 Walking Group - Lobby 6:30 Movie Night - GR THE GLENN MILLER STORY	9:30 Strength Training w/ Michael RR 10:30 Bingo RR 12:00 Healthcare Professionals Luncheon GR 1:30 Sound Meditation w/ Tesha GR 3:00 Eye-Glass Cleaning CR 4:00 Walking Group - Lobby 6:30 TV Concert GR CELTIC THUNDER	9:30 Strength Training w/ Michael RR 10:30 Crossword w/ Holly GR 2:00 Acupressure w/ Manny GR 2:00 Trip: Bank & Post Office (Sign Up) 3:15 INCREDIBLE ANIMALS narrated by David Attenborough GR 3:30 Brain Games GR 4:00 Walking Group - Lobby 6:30 NAME THAT TUNE GR	9:30 Tai Chi w/ Manny RR 10:30 Live Music w/ Ryan Christopher LR 2:00 Private Tech Class BS 2:00 Store Trip: Trader Joe's (Sign Up) 2:00 Afternoon Movie GR 5 FLIGHTS UP 4:00 Walking Group - Lobby 6:30 Movie Night GR THE SEAGULL'S LAUGHTER	9:30 Slow Stretching w/ Kathie GR 10:30 Bingo RR 1:30 Movie GR THE PROPOSAL 1:30 Walking Group - Lobby 2:00 Scenic Drive 3:00 Scrabble CR 6:30 Movie Night GR SUMMER CATCH	WORLD CUP FINAL 9:00 Virtual Catholic Mass GR 10:00 Coffee & Donuts GR 11:20 Communion w/ Debbie GR 2:00 Strength Training RR 3:00 Church Services GR Trinity Lutheran 6:30 Movie Night GR THE FAST RUNNER
9:30 Fitness DVD GR 10:30 Current Events GR Coffee & Cookies 1:30 Vocab w/ Holly GR 2:45 Bible Study w/ Stephanie GR 4:00 Walking Group - Lobby 6:30 New Release Movie GR PROJECT HAIL MARY	9:30 Chair Aerobics w/ Carl RR 10:15 CVS (Sign Up) 10:30 Horse Racing LR 11:30 Excursion: Nikko's (Sign Up) 2:00 Afternoon Movie GR Seven Brides for Seven Brothers 3:00 Scrabble CR 4:00 Walking Group - Lobby 6:30 Movie Night GR - SUMMERTIME	9:30 Strength Training w/ Michael RR 10:30 Reminiscing w/ Gayle GR 12:00 New Resident Luncheon GR 1:30 Arcade Games CR 3:00 Root Beer Floats LR 4:00 Walking Group - Lobby 6:30 TV Concert GR WHITNEY HOUSTON	9:30 Strength Training w/ Michael RR 10:30 And the Story goes On.....GR 2:00 Store Trip: Target (Sign Up) 2:00 Live Music w/ Felice LR 3:00 Happy Hour GR 3:30 Brain Games CR 4:00 Walking Group - Lobby 6:30 NAME THAT TUNE GR	9:30 Fitness Drumming RR 10:30 Live Music w/ Jennifer H LR 2:00 Store Trip: Target (Sign Up) 2:00 Beginning Sign Language RR 3:30 You are a genius LR 4:00 Walking Group - Lobby 6:30 Scrabble - CR 6:30 Movie Night GR A SHINNING BRIGHT LIE	9:30 Slow Stretching w/ Kathie GR 10:30 Bingo RR 1:30 Walking Group - Lobby 2:00 Trip to the San Pedro Library 2:00 Scrabble CR 3:00 American Song Book w/ Seth GR 6:30 Movie Night GR NOBEL HOUSE	9:00 Virtual Catholic Mass GR 10:00 Coffee & Donuts GR 11:20 Communion w/ Debbie GR 2:00 Rosary w/Alexandra GR 2:00 Strength Training RR 3:00 Church Services GR ST Peter's Episcopal 6:30 Movie Night GR DIAMOND HEAD
9:30 Fitness DVD GR 10:30 Current Events GR Coffee & Cookies 1:30 Singing w/ Felice LR All are welcome! 2:45 Bible Study w/ Stephanie GR 4:00 Walking Group - Lobby 6:30 Movie Night GR REIGN OVER ME	9:30 Chair Aerobics w/ Carl RR 10:15 CVS (Sign Up) 10:30 Horse Racing LR 1:30 Excursion: Burlington (Sign Up) 2:00 Left, Center, Right GR 3:00 Scrabble CR 4:00 Walking Group - Lobby 6:30 Documentary GR TUPPERWARE	9:30 Strength Training w/ Michael RR 10:30 Bingo RR 1:30 Presentation w/ Center for Optimal Aging Featuring Patty Logan RR 3:15 Trivia & Ice Cream Bars LR 4:00 Walking Group - Lobby 6:30 New Release Movie GR MICHAEL	9:30 Strength Training w/ Michael RR 10:30 Crossword Puzzles w/ Holly GR 2:00 Los Angeles Maritime Institute Seminar on Tall Ships GR 2:00 Store Trip: Trader Joe's (Sign Up) 3:30 Brain Games CR 4:00 Walking Group - Lobby 6:30 NAME THAT TUNE GR	BEACH DAY - SURFS UP 9:30 Tai Chi w/ Manny RR 10:30 Live Music Carla D LR 2:00 Store Trip: Family Dollar (Sign Up) 2:00 Afternoon Movie GR – BIKINI BEACH 3:00 Pina Coladas LR 3:30 HeadsUp! LR 4:00 Walking Group - Lobby 6:30 Movie Night GR – CAST AWAY	Schedule transportation to and from medical appointments: Mon, Wed, Thurs, and Fri 9:30 AM to 3:30 PM Torrance Apt on Wed only Come get your hair styled at our salon on Thursdays and manicures on Mondays.	