

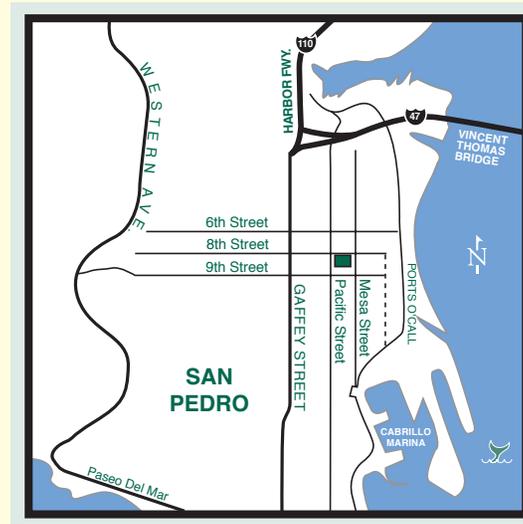
## SERVICES INCLUDED IN APARTMENT RENTAL

- A choice of apartments
- Scheduled local transportation
- Three delicious meals served restaurant-style
- Complimentary snacks and beverages available in our coffee shop
- Houskeeping services and laundering of bed and bath linens
- A full-time Program Director for special events, classes and outings
- A full calendar of educational, social and cultural opportunities and entertaining events
- Maintenance of your apartment, community and grounds including necessary repairs and replacements

*"I brought my orchids, staghorn ferns, and tomato plants to our community garden. I still have my green thumb!"*  
- Sara Stewart



For more information on Harbor Terrace visit us at:  
[www.HarborTerraceRetirement.com](http://www.HarborTerraceRetirement.com)  
Or e-mail us at:  
[HarborTerrace2@aol.com](mailto:HarborTerrace2@aol.com)



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# HARBOR



# TERRACE

RETIREMENT  
COMMUNITY

## INDEPENDENT AND ASSISTED LIVING



# FREEDOM OF CHOICE

Harbor Terrace, with its ninety spacious and well-equipped apartments, gives you lots from which to choose. Each private apartment is ready to be individualized with your furniture, family pictures and personal mementos . . . the treasures you know and love.

Harbor Terrace is a community where your lifetime of choices, friendships, and interests are a source of happiness for all. It is a place where residents like you feel connected to each other as you share your experiences and memories at Harbor Terrace . . . all the while making new memories of your own.

*"All the comforts of home."*  
- Mary Petrich

# ASSISTED LIVING SERVICES

- 24 hour caregiver support with well-trained dedicated staff
- Bathing, grooming and dressing assistance
- Medication control and reminders
- Assistance with personal hygiene
- Weekly laundering of personal items
- Escorts to and from meals and activities
- Meal reminders and specialized diets
- Emergency response system
- Daily wellness exercise programs
- Incontinence assistance

# COMMUNITY AMENITIES

- Charming, cozy lounges with fireplace and grand piano
- Beauty salon/ barbershop
- Coffee, tea and snack parlor
- Library for quiet reading
- Comfortable entertainment area complete with 64" wide screen T.V.
- Outdoor courtyard, babbling fountains and community garden

*"Who knew assisted living could provide me with so much independence?"*

- Eugenia Dornan

## AN ARRAY OF ACTIVITIES

Thanks to Harbor Terrace's full complement of recreational and educational activities, you'll find an enriched social life. Entertainers, news and views, theme parties, opera class, crossword puzzles, guest lectures, singing, card games and favorite movies expand leisure choices. Our regular exercise programs encourage physical fitness, along with folk dancing and lovely strolls along the coast.

*"The transition to living at Harbor Terrace was a dramatic change for both Dad and our family. But it was made so much easier with their unique Welcoming Program. Dad's quick adjustment gave us incredible piece of mind."*

- The Beck Family

